

Key Stage 3						SCHOOL	
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
7	<ul> <li>Rugby Teamwork/Aiming High</li> <li>Badminton Listening/Speaking</li> <li>Dance Creativity/Staying Positive</li> <li>Handball Aiming High/Leadership</li> <li>Netball Aiming High/Leadership</li> <li>Health Based PE Aiming High/Speaking</li> </ul>	<ul> <li>Rugby Teamwork/Aiming High</li> <li>Badminton Listening/Speaking</li> <li>Dance Creativity/Staying Positive</li> <li>Handball Aiming High/Leadership</li> <li>Netball Aiming High/Leadership</li> <li>Health Based PE Aiming High/Speaking</li> </ul>	<ul> <li>Football         Teamwork/Aiming         High</li> <li>Gymnastics         Creativity/Speakin         g &amp; Listening</li> <li>Table Tennis         Aiming         High/Creativity</li> <li>Trampolining         Creativity/Staying         Positive</li> <li>Basketball         Teamwork/Leaders         hip</li> <li>OAA         Teamwork/Proble         m Solving</li> <li>Health Based PE         Aiming         High/Speaking</li> </ul>	<ul> <li>Football         Teamwork/Aiming         High</li> <li>Gymnastics         Creativity/Speaking         &amp; Listening</li> <li>Table Tennis         Aiming         High/Creativity</li> <li>Trampolining         Creativity/Staying         Positive</li> <li>Basketball         Teamwork/Leaders         hip</li> <li>OAA         Teamwork/Proble         m Solving</li> <li>Health Based PE         Aiming         High/Speaking</li> </ul>	<ul> <li>Athletics     Aiming     High/Staying     Positive/S &amp; L</li> <li>Striking and     Fielding (Cricket,     Softball, Rounders)     Teamwork/Proble     m     Solving/Leadership</li> <li>Tennis     Creativity/Speakin     g &amp; Listening</li> <li>Volleyball     Teamwork/Proble     m Solving</li> <li>Basketball     Teamwork/Leaders     hip</li> <li>Health Based PE     Aiming     High/Speaking</li> </ul>	<ul> <li>Athletics     Aiming     High/Staying     Positive/S &amp; L</li> <li>Striking and     Fielding (Cricket,     Softball, Rounders)     Teamwork     /Problem     Solving/Leadership</li> <li>Tennis     Creativity/Speakin     g &amp; Listening</li> <li>Volleyball     Teamwork/Proble     m Solving</li> <li>Basketball     Teamwork/Leaders     hip</li> <li>Health Based PE     Aiming     High/Speaking</li> </ul>	
8	<ul> <li>Rugby Teamwork/Aiming High</li> <li>Badminton Listening/Speaking</li> <li>Dance Creativity/Staying Positive</li> <li>Handball</li> </ul>	<ul> <li>Rugby         <i>Teamwork/Aiming High</i></li> <li>Badminton         <i>Listening/Speaking</i></li> <li>Dance         <i>Creativity/Staying Positive</i></li> <li>Handball</li> </ul>	<ul> <li>Football Teamwork/Aiming High</li> <li>Gymnastics Creativity/Speakin g &amp; Listening</li> <li>Table Tennis Aiming High/Creativity</li> </ul>	<ul> <li>Football Teamwork/Aiming High</li> <li>Gymnastics Creativity/Speaking &amp; Listening</li> <li>Table Tennis Aiming High/Creativity</li> </ul>	<ul> <li>Athletics     <i>Aiming High/Staying Positive/S &amp; L</i></li> <li>Striking and     Fielding (Cricket,     Softball, Rounders)     <i>Teamwork/Proble</i>     m</li> </ul>	<ul> <li>Athletics Aiming High/Staying Positive/S &amp; L </li> <li>Striking and</li> <li>Fielding (Cricket,</li> <li>Softball, Rounders)</li> <li>Teamwork</li> <li>/Problem</li> </ul>	



					1	SCHOOL
	Aiming	Aiming	<ul> <li>Trampolining</li> </ul>	<ul> <li>Trampolining</li> </ul>	Solving/Leadership	Solving/Leadership
	High/Leadership	High/Leadership	Creativity/Staying	Creativity/Staying	<ul><li>Tennis</li></ul>	<ul><li>Tennis</li></ul>
	<ul> <li>Netball</li> </ul>	<ul> <li>Netball</li> </ul>	Positive	Positive	Creativity/Speakin	Creativity/Speakin
	Aiming	Aiming	<ul> <li>Basketball</li> </ul>	<ul> <li>Basketball</li> </ul>	g & Listening	g & Listening
	High/Leadership	High/Leadership	Teamwork/Leaders	Teamwork/Leaders	<ul> <li>Volleyball</li> </ul>	<ul> <li>Volleyball</li> </ul>
	• Health Based PE	• Health Based PE	hip	hip	Teamwork/Proble	Teamwork/Proble
	Aiming	Aiming	• OAA	• OAA	m Solving	m Solving
	High/Speaking	High/Speaking	Teamwork/Proble	Teamwork/Proble	<ul> <li>Basketball</li> </ul>	<ul> <li>Basketball</li> </ul>
		111811/ op out 1118	m Solving	m Solving	Teamwork/Leaders	Teamwork/Leaders
			• Health Based PE	• Health Based PE	hip	hip
			Aiming	Aiming	• Health Based PE	• Health Based PE
			High/Speaking	High/Speaking	Aiming	Aiming
			mgn/speaking	Trigit/Speaking	High/Speaking	High/Speaking
	. Deceler	. Daraha	• Football	• Football	• Athletics	• Athletics
	• Rugby	• Rugby				
	Teamwork/Aiming	Teamwork/Aiming	Teamwork/Aiming	Teamwork/Aiming	Aiming	Aiming
	High	High	High	High	High/Staying	High/Staying
	• Badminton	• Badminton	• Gymnastics	• Gymnastics	Positive/S & L	Positive/S & L
	Listening/Speaking	Listening/Speaking	Creativity/Speakin	Creativity/Speaking	• Striking and	• Striking and
	<ul><li>Dance</li></ul>	• Dance	g & Listening	& Listening	Fielding (Cricket,	Fielding (Cricket,
	Creativity/Staying	Creativity/Staying	<ul> <li>Table Tennis</li> </ul>	<ul> <li>Table Tennis</li> </ul>	Softball, Rounders)	Softball, Rounders)
	Positive	Positive	Aiming	Aiming	Teamwork/Proble	Teamwork
	<ul> <li>Handball</li> </ul>	<ul> <li>Handball</li> </ul>	High/Creativity	High/Creativity	m	/Problem
	Aiming	Aiming	<ul> <li>Trampolining</li> </ul>	<ul> <li>Trampolining</li> </ul>	Solving/Leadership	Solving/Leadership
0	High/Leadership	High/Leadership	Creativity/Staying	Creativity/Staying	<ul><li>Tennis</li></ul>	<ul><li>Tennis</li></ul>
9	<ul> <li>Netball</li> </ul>	<ul> <li>Netball</li> </ul>	Positive	Positive	Creativity/Speakin	Creativity/Speakin
	Aiming	Aiming	<ul> <li>Basketball</li> </ul>	<ul> <li>Basketball</li> </ul>	g & Listening	g & Listening
	High/Leadership	High/Leadership	Teamwork/Leaders	Teamwork/Leaders	<ul> <li>Volleyball</li> </ul>	<ul> <li>Volleyball</li> </ul>
	• Health Based PE	• Health Based PE	hip	hip	Teamwork/Proble	Teamwork/Proble
	Aiming	Aiming	• OAA	• OAA	m Solving	m Solving
	High/Speaking	High/Speaking	Teamwork/Proble	Teamwork/Proble	• Basketball	<ul> <li>Basketball</li> </ul>
	Titgity Speaking	mgm/ spearing	m Solving	m Solving	Teamwork/Leaders	Teamwork/Leaders
			• Health Based PE	• Health Based PE	hip	hip
			Aiming	Aiming	• Health Based PE	• Health Based PE
			High/Speaking	High/Speaking	Aiming	Aiming
			mgn/speaking	mign/speaking	High/Speaking	High/Speaking
			<u> </u>	1	myn/speaking	myn/speaking



Key Stage 4		Course: OCR Cambridge National Sport Studies				
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
10	R185: Performance and Leadership within Sport  Task 1: Performance in sport  Task 3: Planning a sports leadership session  Task 4: Delivering a sports leadership session	R185: Performance and Leadership within Sport  Task 1: Performance in sport  Task 4: Delivering a sports leadership session  Task 5: Evaluating a sports leadership session	R185: Performance and Leadership within Sport  Task 1: Performance in sport  Task 5: Evaluating a sports leadership  Task 2: Applying practice methods to support improvement	R185: Performance and Leadership within Sport  Task 2: Applying practice methods to support improvement	R187: Increasing Awareness of Outdoor Activities  Task 1 & 2: Provision for different outdoor activities	R187: Increasing Awareness of Outdoor Activities  Task 3: Planning an outdoor activity session
11	R187: Increasing Awareness of Outdoor Activities  Task 3: Plan for an OAA session and be able to demonstrate skills in OAA  Task 4: Evaluate performance in OAA	R187: Increasing Awareness of Outdoor Activities  Task 3: Plan for an OAA session and be able to demonstrate skills in OAA  Task 4: Evaluate performance in OAA	R184: Contemporary Issues in Sport Written Exam Prep	R184: Contemporary Issues in Sport Written Exam Prep	R184: Contemporary Issues in Sport Written Exam Prep	



Post 16		Course: Edexcel BTEC National Extended Diploma in Sport				
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
12	Unit 1 - Anatomy and Physiology External assessed examination	Unit 1 - Anatomy and Physiology Externally assessed examination	Unit 2 - Fitness and Training Program  Externally assessed examination	Unit 2 - Fitness and Training Program  Externally assessed examination	Unit 3 - Continued Professional Development in Sport Section A	Unit 3 - Continued Professional Development in Sport Section B
13	Unit 3 - Continued Professional Development in Sport	Unit 3 - Continued Professional Development in Sport	Optional Unit	Optional Unit	Revision for Unit 1 and 2 resit	