

YEAR 11 NEWSLETTER

Since our last newsletter our year 11 students have been busy creating a timetable to support with their revision in the run up to the trial exams taking place after the half-term holiday. Revision topics for each subject can be found on your child's Google Classroom. Research shows that those students who put in the extra hours away from school get better grades, you can help with this by talking to your child about their revision. Please support wherever possible, a word of encouragement or a cup of tea and a biscuit can work wonders!

4 week countdown to trial exams

The countdown to the next set of trial exams is well underway. All students have been provided with a revision plan of two tasks per week, per subject. Students have planned their revision schedule in tutor time and should follow this to ensure they are fully prepared. Copies of both are on the Year 11 Google Classroom where you will also find subject specific

Dates for your diary



15th February - Coursework focus-up day.

Students will be notified if they are involved in this

20th - 24th February - Half-term

27th February - 10th March - Trial exams

29th March - Cuisine exam

30th March - Cuisine exam

30th March - Coursework focus day.

Students will be notified if they are involved in this

3rd - 14th April - Easter Holidays

4th April - Geography trip to Iceland

19th - 21st April - students will be off timetable to work with external tutors

26th - 27th April - Graphics exam

27th - 28th April - GCSE art and photography exams

Attendance and Punctuality

Regular attendance and punctuality to school and lessons is extremely important and helps students to reach their full potential. There is a direct link between attendance and attainment and your child should be aiming for **97%** attendance.

1 day missed = 6 lessons missed

In order to encourage good attendance, lates to school are now being monitored and more than one late will result in a Friday after school detention where students will be expected to 'payback' any time missed where they will have access to study materials.

As an added incentive we will be launching our 'Three Week Attendance Challenge' on Monday. The tutor group with the highest overall attendance figure and fewest lates to school will be rewarded with a small treat.



PROUD TRADITIONS

Year 11 Prom

**Thursday 6th July at Weston Lawns,
Bulkington Road.**

Our Prom criteria is:

- 97% attendance
- Engagement with Tutor Time activities – this includes arriving to school on time and wearing correct uniform
- Attending tutoring and mentoring sessions (if not applicable this token can be earned by completing coursework and making academic progress)
- Zero detentions
- Engagement in wider school life

All data is reset at the start of each half-term to allow everyone a fresh start to earn tokens.

A total of 21 tokens are available. 16 tokens are need in order to receive an invitation to Prom.

The importance of sleep

Young people between the ages of 11 and 18 need between 8.5-10 hours of sleep every night. It is easy to slip into bad bedtime routines and it can be difficult to encourage teenagers to keep to a regular bedtime, but it's important to try, especially in the run up to exams. Experts have linked a lack of sleep to problems with behaviour, concentration and achievement at school. Talk to your son or daughter if they are finding it difficult to get up in the morning, suggest earlier nights and set limits on gaming and mobile phone use before bed. This is particularly important as we often hear students talking about how they didn't sleep until the early hours as they playing the latest video game. As adults, we find it difficult to concentrate on limited sleep and it is even harder for a teenager.

No-one performs at their best if they haven't slept well!



P7 and Intervention calendar

P7 or Lunch	Subject	Staff	Day	Open to
P7	Computer Science	NMI	Wednesday	Invite only
P7	Geography	HEA	Wednesday	Invite only
P7	History	HCL	Wednesday	Invite only
P7	Business	SWE	Wednesday	Invite only
P7	Art/Photography	WMA/SHA	Wednesday	Invite only
P7	French	JHA	Wednesday	Invite only
P7	PE	SKE/LHE	Wednesday	Invite only
P7	Citizenship	APM	Wednesday	Invite only
P7	Psychology	DWE	Wednesday	Invite only
P7	Science	MRO	Wednesday	Invite only

Lunch	Chemistry	FSM	Monday, Tuesday, Thursday	Drop in for all
Lunch	English	RQU	Monday, Thursday	Invite only
Lunch	French	JHA	Monday, Tuesday, Thursday, Friday	Invite only
Lunch	History	CLE	Tuesday, Friday	Drop in for all
Lunch	Maths	CCO	Tuesday, Wednesday, Thursday, Friday	Invite only
Lunch	Psychology	DWE/VLO	Tuesday	Invite only
Lunch	Geography	HEA	Thursday	Drop in for all
Lunch	Photography	WMA	Friday	Open to all

Childline (under -19s) trained counsellors provide confidential support on anything -- no matter how small or large.

Call: 0800 1111

Chat with a counsellor online about whatever's worrying you:

<https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/>

Samaritans offer a safe place for you to talk any time you like, in your own way -- about whatever's getting to you.

Call: 116 123 (free from any phone)

jo@samaritans.org (Sometimes writing down your thoughts and feelings can help you

understand them email them to jo -- a volunteer will respond)

Open: 24-hours a day, 7-days a week

PAPYRUS HOPELINEUK (for under -35s) offers confidential support and practical advice.

Call: 0800 068 4141

Text: 07860 039967

Open: 9am–10pm weekdays, 2pm–10pm weekends and bank holidays